

El Paso January, February, March 2011 Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Final Menu November 19, 2010	
DAY 1, 26, 51, 76 Albondigas Steamed Rice Mixed Vegetables Apple Juice 4 oz. White Bread Butterscotch Pudding Milk 1% 1/2 Pint 1/3, 2/7, 3/14	DAY 2, 27, 52, 77 Chicken w/Paprika Cream Sauce Fiesta Potatoes Cabbage & Carrots Whole Wheat Bread Peanut Butter Cookie Milk 1% 1/2 Pint 1/4, 2/8, 3/15	DAY 3, 28, 53, 78 Beef Macaroni w/Tomato Orange Juice 4 oz. Steamed Spinach Whole Wheat Bread Peach Cobbler Milk 1% 1/2 Pint 1/5, 2/9, 3/16	DAY 4, 29, 54, 79 Chili Colorado Enchilada Sauce Spanish Rice Pinto Beans Tossed Salad Flour Tortilla LD Fudge Round Fat-Free Italian Dressing Milk 1% 1/2 Pint 1/6, 2/10, 3/17	DAY 5, 30, 55, 80 Seafood Fettuccini Harvard Beets Normandy Blend Vegetables White Bread Fresh Orange Milk 1% 1/2 Pint 3/18 Capirotada Pudding 1/7 (SP), 2/11, 3/18	Winter Special Salisbury Steak Baked Potato Sour Cream Lemon & Thyme Carrots White Bread Orange-Tangerine Milk 1% 1/2 Pint 1/7	Lent Special Tuna Salad Green Pea Salad Carrot Slaw Saltine Crackers Capirotada Milk 1% 1/2 Pint 3/25
DAY 6, 31, 56, 81 Turkey ala King Tex-Mex Corn w/Tomatoes Green Peas Baking Powder Biscuit Gelatin Jewels Milk 1% 1/2 Pint 1/10, 2/14 (SP), 3/21	DAY 7, 32, 57, 82 Mexican Rice & Beef Casserole Hominy O'Brien Normandy Blend Vegetables Whole Wheat Bread Rice Krispie Treat Bar Milk 1% 1/2 Pint 1/11, 2/15, 3/22	DAY 8, 33, 58, 83 Chicken Breast Fillet Mushroom Gravy Stewed Tomatoes Seasoned Collard Greens White Bread Birthday Cake Milk 1% 1/2 Pint 1/12, 2/16, 3/23	DAY 9, 34, 59, 84 Meatloaf Tomato Sauce Mashed Potatoes Carrots & Peas White Bread Vanilla Pudding Milk 1% 1/2 Pint 1/13, 2/17, 3/24	DAY 10, 35, 60, 85 BBQ Chopped Pork Lettuce & Tomato Winter Blend Vegetables Hamburger Bun Spiced Penches Milk 1% 1/2 Pint 1/14, 2/18, 3/25 (SP)	Valentine's Day Special Chicken Cordon Bleu Green Peas Chantilly Potatoes White Dinner Roll Oatmeal Honey Apple Cake Milk 1% 1/2 Pint 2/14	0
DAY 11, 36, 61, 86 Beef & Cabbage Stir Fry Steamed Rice Glazed Carrots Tropical Fruit Salad White Bread LD Oatmeal Cookie Milk 1% 1/2 Pint 1/17, 2/21, 3/28	DAY 12, 37, 62, 87 Chicken Fajita Refried Beans Fruit Punch 100% Juice Flour Tortilla Rice Pudding with Raisins Milk 1% 1/2 Pint 1/18, 2/22, 3/29	DAY 13, 38, 63, 88 Spaghetti w/ Meat Sauce Tossed Salad Broccoli Cuts White Dinner Roll Spiced Apple Slices Fat Free Ranch Dressing Milk 1% 1/2 Pint 1/19, 2/23, 3/30	DAY 14, 39, 64, 89 BBQ Chicken Red Bliss Potatoes Seasoned Collard Greens Whole Wheat Bread Fresh Banana Milk 1% 1/2 Pint 1/20, 2/24, 3/31	DAY 15, 40, 65, 90 Ham & Cheese Quesadilla Refried Beans Orange Juice 4 oz. Apple Crisp Milk 1% 1/2 Pint 1/21, 2/25	Ash Wednesday Special Baked Fish w/Herbs Green Chili Sauce Normandy Blend Vegetables Green Peas White Dinner Roll Capirotada Margarine Milk 1% 1/2 Pint 3/9	0
DAY 16, 41, 66, 91 Beef & Bean Burrito Tex-Mex Corn w/Tomatoes Seasoned Green Beans Flour Tortilla Orange Juice 4 oz. Milk 1% 1/2 Pint 1/24, 2/28	DAY 17, 42, 67, 92 Smothered Chicken Mexican Macaroni Mixed Vegetables Fresh Orange Flour Tortilla LD Chocolate Chip Crème Pie Milk 1% 1/2 Pint 1/25, 3/1	DAY 18, 43, 68, 93 Baked Pork Chop Whipped Sweet Potatoes Green Peas Whole Wheat Bread Pineapple Tidbits Margarine Milk 1% 1/2 Pint 1/26, 3/2	DAY 19, 44, 69, 94 Beef Picadillo Refried Beans Carrots Corn Tortilla (1 ea.) Peach Crisp Milk 1% 1/2 Pint 1/27, 3/3	DAY 20, 45, 70, 95 Lasagna Tossed Salad Winter Blend Vegetables Garlic Bread Spiced Apple Slices Fat-Free Italian Dressing Milk 1% 1/2 Pint 1/28, 3/4		
DAY 21, 46, 71, 96 Beef Stew Chuckwagon Corn Steamed Cabbage White Dinner Roll Chocolate Chip Cookie Milk 1% 1/2 Pint 1/31, 3/7	DAY 22, 47, 72, 97 Chicken Mole Spanish Rice Refried Beans Orange Juice 4 oz. Flour Tortilla LD Jelly Crème Pie Milk 1% 1/2 Pint 2/1, 3/8	DAY 23, 48, 73, 98 Mushroom Burger Broccoli Cuts Tossed Salad Whole Wheat Bread Apple Cobbler Fat-Free Italian Dressing Milk 1% 1/2 Pint 2/2, 3/9 (SP)	DAY 24, 49, 74, 99 Italian Herb Chicken Red Bliss Potatoes Italian Blend Vegetables White Bread Peanut Butter Fluff Milk 1% 1/2 Pint 2/3, 3/10	DAY 25, 50, 75, 100 Seafood Salad Green Pea Salad Carrot Slaw Saltine Crackers Pineapple Tidbits Milk 1% 1/2 Pint 2/4, 3/11		

M. Ashman, RD, LD #D707189 (11-23-10)